

# EXAMPLES OF SMART GOALS

*The following SMART Goals will be reported and documented by a 2 point movement in a positive direction on a 5 or 7 point Likert Scale.*

By the end of year one of SRAE grant: (Add specific date)

\_\_\_\_\_ high need adolescents will receive 12 hours of relationship education programming in a school, after school or community-based setting.

at least 35% will report increased knowledge, skills and intent to develop healthy relationships

at least 35% will report increased knowledge skills and intent to delay sexual activity

at least 45% will report an increase value of future orientation and goal setting

at least 35% increase in the number of youth who report they feel connected to family, school or community

at least 35% increase in number of youth who report a positive vision, hope, self-efficacy and plan towards a positive future.

at least 25% of program youth will report an increase in the value of marriage and future family formation.

at least 35% will acknowledge an understanding that use of substances such as drugs and alcohol increase vulnerabilities to sexual advances.

at least 25% of youth will acknowledge that the use of pornography is harmful and normalizes teen sex.

At least 50% of sexually active youth will acknowledge the importance of getting tested for STIs.