



REAL Essentials Advance: SRAE Program Priorities Alignment

REAL Essentials Advance meets all SRAE Program Priorities. Below are options to consider as you build your program scope and sequence.

SRAE Program Priorities

Promoting Work & Self-Sufficiency

SRAE emphasizes personal responsibility, goal-setting, and future orientation. SRAE explicitly.

Promoting Marriage & Family Formation

SRAE has a strong focus on avoiding nonmarital sexual activity and promoting healthy relationships that lead to stable marriages and families, which directly aligns with ACF priorities.

Gold-Standard Research

Research and evaluation conducted under SRAE must be rigorous. SRAE provides opportunities for independent local evaluation and conducts rigorous national evaluation which is fully aligned with ACF priorities.

REAL Essentials Advance Lessons

Unit One: Learning About Yourself and Others

- Discovering Your Passion and Purpose

Unit Six: Planning for Your Future

- Creating My Life Plan: Road to Success
- Making Healthy Decisions
- Overcoming Financial and Family Obstacles

Unit Eight: Leadership and Job Readiness

- Employment Readiness

Unit Four: Friendship, Dating and Love

- Foundations of a Healthy Relationship

Unit Six: Planning for Your Future

- Order Up!

Unit Seven: Committed Love & Marriage

- The Measure of My Commitment
- Mock Wedding Ceremony

Unit Nine: Sexual Health

- Freedoms of Saying Yes to Healthy Relationships

Rationale

REAL Essentials Advance helps students connect present choices with long-term educational, employment, financial, and family outcomes. The curriculum builds personal responsibility, goal-setting, decision-making, and future orientation while helping youth understand how healthy choices can support economic independence and reduce the risk of poverty.

REAL Essentials Advance teaches the relationship skills that support healthy dating, long-term commitment, marriage, and stable family life. It also places sexual decision-making within a broader context of health, commitment, future goals, and family formation.

REAL Essentials can support rigorous evaluation through theory-based design, standardized delivery, measurable objectives, and assessment tools, but the applicant must establish the evaluation methodology. "Gold-Standard" alignment depends on the applicant's independent evaluator, research questions, comparison design, validated measures, data analysis, fidelity assessment.

SRAE Program Priorities

Ensuring Value Alignment in Funding

SRAE statute centers on sexual risk avoidance and personal responsibility, aligning with ACF priorities on family formation, self-sufficiency, and behavioral outcomes.

REAL Essentials Advance Lessons

Unit Five: Cultural Influences

- Setting Boundaries Early

Unit Six: Planning for Your Future

- Choices and Effects

Unit Six: Planning for Your Future

- Refusal Skills

Unit Seven: Committed Love & Marriage

- Marriage: It's Good Stuff

Unit Nine: Sexual Health

- My Commitments

Rationale

REAL Essentials Advance consistently reinforces sexual risk avoidance, personal responsibility, healthy decision-making, self-sufficiency, marriage, and family stability. The curriculum helps students establish boundaries, consider consequences, resist pressure, and make commitments that support healthy long-term outcomes.