The Center for Relationship Education

Making Relationships Work

2016 ANNUAL REPORT



2 Annual Report- 2016

A Letter from the President



As the team at the Center for Relationship Education reflects on 2016, we are reminded of the amazing far reaching effects we have had on one adolescent, one adult, one family, one school and one community at a time.

Our team is passionate about the transformative work that we are doing to increase the relationship skills of young people and adults. We are committed to building and developing human capital, reducing poverty, increasing academic achievement and child well being and decreasing drug and alcohol abuse, violence and bullying.

By teaching these research based skills and strategies, we are committed to reducing behaviors that would undermine success at home, school, in the workplace and in the community; increase economic prosperity and social and emotional well-being.

Joneen Mackenzie

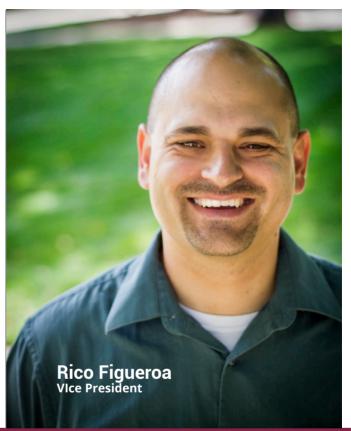
RN, BSN, CPS II

President/Founder

2016 in Review

This year was marked by many successes:

- We reached more than 13,479 adolescents in Colorado and served thousands more throughout the United States.
- We distributed more than 10,000 Love Well Magazines for youth and adults throughout the country through partner organizations.
- We worked and continue to work with all 5 military bases in Colorado by hosting marriage workshops, marriage retreats, singles workshops, and singles parents retreats on and off base.
- We hosted more than 300 people for our D-I-Y (Do It Yourself) Marriage Experience in July with rave reviews.
- We continued to be a featured guest on the radio regarding relationship issues in Denver and across the country.
- We have a partnership with Innovation Pavilion working with STEM schools piloting the Center for Relationship Education's Curriculum.
- We produced an online video training
- We totally reconstructed our website with many more customer services features and online resources.
- We developed a motherhood curriculum to use with single mothers, many of whom are low income.
- We produced a college age curriculum.
- We strengthened our internal controls for accountability and clarity



The Team

Cassie Rothermich Program & Events Director Lauren Reitsema Communication Director Josh Sosa National Trainer & Speaker Darius Jones National Trainer & Speaker Kim Krauth Community Outreach Liaison Sherilyn Smith Administration Coordinator Ben George Marketing and Creative Director Alana Hill Bookkeeper Stacy Dickerson Director of Sales Jason Herzog Production Designer

The Reach

The Center for Relationship Education programming teaches self-discovery skills for healthy communication, conflict resolution, creating safe relationships, partner selection strategies, life mapping, self-regulation, impulse control and character development. Boundary setting along with many social, emotional and life skills are a large part of the programming.

Additional topics covered in the curricula include:

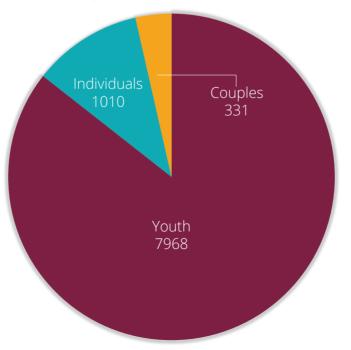
Growth and development, grooming, etiquette, manners, financial literacy, and job readiness preparation.

All of the Center for Relationship Education curricula are developed with science based theoretical frame works and behavior change theory. We have been very intentional regarding inclusivity, medical accuracy,cultural sensitivity, and based on evidentiary best practices.

The workshops and the products we develop are designed to be fun and interactive, relevant, entertaining as well as educational and align with age appropriate guidelines.

By implementing a combination of direct services through workshops and classes as well as training educators and youth serving personnel across the country in the REAL (Relationship Education and Leadership) Essentials curricula CRE was able to reach thousands of students across the country. In the last 12 years the Center for Relationship Education has trained over 15,000 educators.

People receiving 8 Hours of Relationship Education



The Center for Relationship Education

The Story

It all started with relationships...

Relationships are the very essence of humanity

Relationships are the very essence of humanity. According to numerous studies, healthy relationships and meaningful connections are essential to wellness, health and long-term employment. Many detrimental health and life outcomes occur when our relationships are not healthy or satisfying. The common chord of the human heart is to love and be loved well.

The Center for Relationship Education was founded in 2003

The Center for Relationship Education was founded in 2003 by Joneen Mackenzie, a registered nurse, who saw the negative outcomes of poor relationships in the lives of children and adults, firsthand. Poverty, non-marital childbearing, dating and intimate partner violence, divorce, never formed families, dropout rates, crime, unemployment, substance abuse, mental health issues, child abuse, life chaos/drama and broken heartedness were all results of unhealthy relationships lacking meaning, purpose and understanding.





Making Relationships Work

Partnered with experts

Joneen Mackenzie partnered with experts in the field who studied what makes relationships thrive to create curriculum and resources to improve relationships. She developed the Center for Relationship Education (CRE) as a secular, nonsectarian educational nonprofit to train and disseminate the best of the research and skills to individuals of all ages to meet the need in the community.

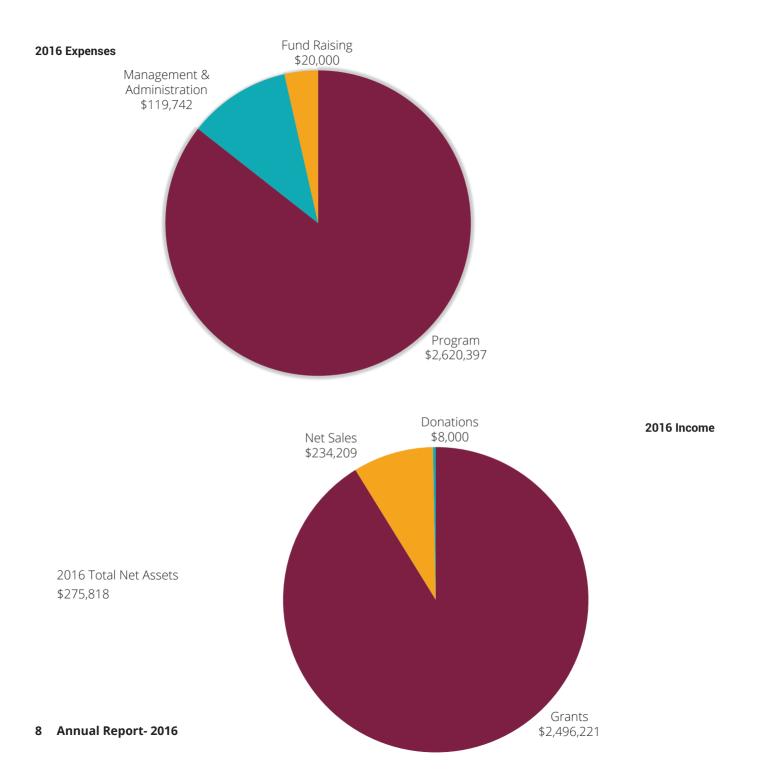
Achieved recognized success and support

The Center for Relationship Education's curricula, seminars and workshops have achieved recognized success and support throughout the community. Due to the Center for Relationship Education's performance and accomplishments, the organization was awarded five federal grants in 2006 to serve young adults, parents, educators, and leaders in Colorado and throughout the nation.

Headquartered in Denver, Colorado

CRE is headquartered in Denver, Colorado and partners with organizations and programs across 42 states and 8 countries. CRE collaborates with youth development programs, local and state health departments, school districts, health clinics and other youth-serving organizations. The Center for Relationship Education is dedicated to educating, equipping and empowering youth with the relationship skills necessary to create healthy relationships. CRE also trains and educates parents on family and marriage relationships to support the creation of healthy teens to build better relationships in the next generation. Through trainings, seminars and workshops, CRE aims to equip youth, parents and families with skills, resources and knowledge to last a lifetime.





BOARD OF DIRECTORS The members of the board play an integral role

in helping implement the direction and vision of the Center for Relationship Education.

Dr. Pete Menconi - Board President

President of Mt Sage Publishing and Writer

I am on the board of the Center for Relationship Education because I believe in CRE's mission and vision to see lives and marriages become the best that they can be. Most of us need help in sorting out the complexity of life and CRE does a wonderful job of helping people think through and choose what they want for themselves.

Jean Menconi

Nurse – Public Health

I serve on the Board because I have a passion to see youth have successful, happy, and productive lives. When this is accomplished , a healthier society is the outcome.

Lee Larsen

Retired President/Clear Channel Radio

I serve on the board because I believe strong marriages build healthy children and because I believe our community benefits when its members have good relationship building skills.

Dr. Donna Larsen

Licensed Marriage and Family Counselor

We all benefit from healthy relationships; whether in our homes, place of worship, or in our workplace. If we are healthy and functional in these settings our community will learn how to relate by example and leave a healthy relational legacy for the next generation. I am serving on the board to perpetuate healthy relationships.

Johnathan Dickerson

Integrated Media Solutions Provider iHeart Radio

I serve on the board because I learned early on in my marriage that I did NOT have the communication tools needed to make my marriage thrive. After attending a Healthy Marriage Project Workshop, my wife and I both realized how easy it could be to transition from Good to GREAT with the right skills at our fingertips. **Tim Leach** Financial Advisor AXA

I serve on the board because I enjoy seeing healthy habits developed in couples and families that bring life and health to communities.

Jaime Leach, MA, NCC Board Treasurer

Couples and Family Therapist

I serve because personally and professionally, I am passionate about seeing all types of relationships succeed. I am proud to serve and support The Center for Relationship Education because this organization shares the same passion and mission, to help provide the tools for people to engage in successful and meaningful relationships.

Carlos Diaz

Branch Mgr. for Transamerica Financial Advisors

I joined the Board because I admire how Joneen Mackenzie created the Center for Relationship Education to reach out and help young people, our future leaders and legacies, to know themselves as human beings: know thyself.

Scott Williams

Entrepreneur

I am honored to be a part of the Center for Relationship Education. I feel that healthy marriage are not only the best moral choice, but it also makes the most economic sense for our nation's future. None of these accomplishments would have been possible without the dedication and talents of the amazing CRE team, facilitators, volunteers, interns and donors. We thank each of you for your assistance and support over the years. We look forward to a continued partnership as we work toward our goals of reducing poverty and increasing child well-being by strengthening families and increasing healthy connections.

Vision Statement:

Individuals of all ages will experience positive relationships that are thriving.

Mission Statement:

The Center for Relationship Education equips individuals of all ages with the skills necessary to develop healthy relationships among family members, friends, romantic partners and co-workers.

8101 E Beleview Ave Suite G Denver, Colorado 80237 (720) 488-8888 www.myrelationshipcenter.org