

SRAE Sustainability Plan Frameworks

Below are sustainability frameworks built into REAL Essentials that meet the criteria listed in the SRAE FOA on Page 11:

1. Youth participants:

The Center for Relationship Education's (CRE's) *Trainer of Trainer* (TOT) curriculum certification model equips facilitators with a toolbox of relationship skills resources that educators can continue teaching to their student populations long after this funding period ends. CRE does not support a cost structure that requires additional funds to maintain certification status, nor does CRE charge for ongoing training or certification status. This model substantiates sustainability as it enables programming to continue with students after the funding period without additional cost requirements.

2. Family members:

The REAL Essentials curricula framework has a built in two-generational learning approach. This model is achieved through the *Connect at Home* prompts and resources provided in the lesson framework that encourages continued learning and dialogue about what is learned through SRAE-funded programming long after the program funding cycle ends. The *Connect at Home* discussion topics are directive communication prompts for both parents and/or trusted adults to continue conversations about the risk-avoidance strategies learned throughout programming in daily conversation, both in the present time and in the future. Parents and trusted adults are equipped with helpful skills that they will weave into parenting and mentoring with their children long after program funding concludes.

3. Community leaders:

It is the best practice for REAL Essentials program models to employ a *co-facilitator approach* for program implementation. This *co-facilitator approach* involves certifying local educators, health care providers, adult mentors, and coaches with REAL Essentials teaching credentialing to create a community saturation approach that ensures community leaders will have language and tools for continuing the risk-avoidance messaging of healthy relationship skill development long after program funding concludes.