REAL Essentials
Guidelines for Remote Learning

Please review the following outline as you consider, prepare for, or implement REAL Essentials content remotely during the COVID-19 pandemic.

Allowable Activities *(Green Light Adaptations)*

The curriculum developer supports the following guidelines for delivering REAL Essentials remotely:

Teach Live Through an Online Platform

You may teach REAL Essentials content in a LIVE online learning platform (ex: Zoom, Google Hangouts, Skype) (Please note: this is only allowable if content taught is not recorded, distributed, or shared with anyone outside of the live learning experience).

Share Your Screen

You may electronically share your screen and slides with students as part of lesson content and materials on a LIVE, online learning platform.
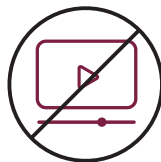
Utilize E-Learning Modules

You may utilize the E-learning modules developed by The Center for Relationship Education (modules coming soon). For lesson modules provided by CRE for online opportunities, worksheet content will be integrated into a password-protected online learning platform.

Unallowable Activities *(Red Light Adaptations)*

The following guidelines are intended to help set boundaries for what is not permissible when teaching REAL Essentials remotely:

Do not scan, photograph, email or provide any REAL Essentials worksheets or PowerPoint slide content to participants for remote learning.

Do not record any of your online platform teaching sessions and provide to your participants for remote learning.

Do not to teach lessons that require a hands-on activity to achieve the lesson objective.

Examples include:
- Paper Bag Hot Potato
- Passport to Fun
- Concentric Circles
- Swapping Juices

Do not teach the SRA slide script on any online learning platform. Context requires classroom discussion for messaging objectives to achieve intended outcomes.

For all updates regarding REAL Essentials remote learning guidelines, please visit **www.myrelationshipcenter.org/remote-learning.**